

ERWL Fixture Reminder

2022 ERWL Opening Fixture

Distance **5 miles: Real** on **Saturday 15th January** starting at **11am**
(Permit No. RWA applied for)
at Donkey Lane, EN1 3PL

Advance Entries (£8) can be made online at www.erwl-entries.weebly.com or to Ron Wallwork
On the Day Entries (£10) It is of great help to the race organiser to know in advance how large the field is likely to be.

Walkers not wishing to race the full distance are welcome to do shorter distances in multiples of one mile.

VIRTUAL RACE Distances as the real race performed over the weekend of 14th/16th January, and registered with Richard Emsley r.emsley@btopenworld.com before midnight on 16th January stating name, club, time and Centurion No if applicable

2022 Enfield Walking League Conditions A warm welcome to walkers regardless of age or standard

Format: The Enfield Race Walking League founded by Martin Oliver, is organised by the Race Walking Section of Enfield & Haringey Athletic Club and operates under RWA rules. Twelve races are intentioned for 2022 and each race will carry a minimum of seventy points. Points will be awarded in descending order; the winner being credited with the highest available.

Race Conditions:

Races will be under RWA rules.

The event referee to be appointed by the organising committee.

Decisions about permissible/appropriate apparel will be made by the event referee.

The **entry fees; in Advance £8 and On the Day £10**. There will be no entry fee for walkers under the age of 16.

The **League awards** will be presented at the first fixture of 2023 to Senior and YAG individuals, highest placed Centurion, mixed club teams of five (which may include second claim members) and a free race voucher to walkers who have competed in six events taking no other award.

Virtual Competition: A Virtual Individual competition will operate for walkers unable to get to the REAL fixture. It will stand on its own and results are not integrated with the main fixture .

A walkers **first virtual race is free**, but a **series registration fee of £5 becomes due on a walkers second race**.

NB. Walkers will be allowed to appear in both Individual Leagues. ie. If a 'real' walker is on occasion unable to get to the race, he/she is not debarred from submitting a virtual performance. – Likewise, a virtual walker being able occasionally to get to a real race.