



# Race Walking Record

September 2022

## English Schools Championships



### Intermediate Boys

Jothathan Ellerton – Ellis Simmonds – Aidan Crispin – Aidan Grandfield



### Senior Girls

Abigail Smith – Mia Dunwell – Abby Hughes – Katie Stringer – Lois Carty

# Overseas



(Sun. 25<sup>th</sup> Sept.)

(Photographs courtesy of Guy Destre)

It was an early start, so ideal cool condition prevailed for the twenty-seven men and seventeen women who faced the starter in the 20km at the Challenge Facoetti-Dahm, **reports Ron Wallwork**. A one kilometre loop consisting of half-track and half local roads which meant lots of turns and kerbs, made for a tricky course. The respective individual winners were Hagen Pohle (GER) 1:22:45 and Viktoria Madarasz (HUN) 1:34:48.

**The Bernie Hercock Award:** The first Bernie Hercock project was the part financing of four athletes to compete in this intranational race walk. The members of the inaugural “Bernie Hercock Squad” acquitted themselves well with two personal bests.

**George Wilkinson:** 12<sup>th</sup>/1:38:35 – reducing his previous personal by just over a minute.

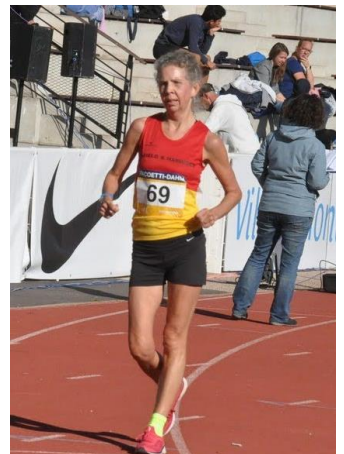
**David Annetts:** 17<sup>th</sup>/1:45:02 – wasn’t far in arrears behind the time he set at the World Masters in Finland in July.



George Wilkinson & David Annetts

**Jacqueline Benson:** 9<sup>th</sup>/1:59:47 – like David Annetts was not far off her personal best set earlier in the year.

**Melanie Peddle:** 10<sup>th</sup>/2:00:11 – sliced 9 minutes of her previous best and was agonisingly close to going sub-two hours.



Jacqueline Benson & Melanie Peddle

## Men's 20km

Pos	Athlete	Nation	Perf	Notes
1	Hagen POHLE	GER	1:22:45	
2	Aurélien QUINION	FRA	1:24:56	
3	Hugo ANDRIEU	FRA	1:32:54	
4	Jerome CAPRICE	MRI	1:33:16	
5	Tumisang PULE	RSA	1:33:33	
6	Come MARTIN	FRA	1:34:24	
7	Killian LEBRETON	FRA	1:34:31	
8	Aymeric HUE	FRA	1:34:47	
9	Roland LANDRON	FRA	1:35:53	
10	Hatem GHOULA	TUN	1:36:50	
11	Ludovic HADULA	FRA	1:37:48	
12	George WILKINSON	GBR	1:38:35	PB
13	Maxime MAZURE	FRA	1:39:32	
14	Benoit BERCEBRU	FRA	1:39:38	
15	Vincent DE BONTIN	FRA	1:42:03	
16	Sebastien BONTEMPS	FRA	1:45:18	
17	David ANNETTS	GBR	1:45:42	SB
18	Adrien ESCOFFIER	FRA	1:49:54	
19	Sebastian DELECOLLE	FRA	1:49:55	
20	David SÁNCHEZ	ESP	1:56:03	
21	Nicolas CHARBONNIER	FRA	1:58:01	
22	Philippe ROBIDOU	FRA	2:00:36	
23	Jocelyn BEURIER	FRA	2:01:37	
24	Didier TURETTE	FRA	2:05:17	
	David DURAND-PICHARD	FRA	DNF	
	Pedro SANTOS VILARIÑO	ESP	DNF	
	Florent BROU	FRA	DQ	

## Women's 20km

Pos	Athlete	Nation	Perf	Notes
1	Viktória MADARÁSZ	HUN	1:34:48	
2	Alexandrina MIHAI	ITA	1:35:59	
3	Jekaterina MIROTVORTSEVA	EST	1:38:14	
4	Vanessa DENISSELLE	FRA	1:42:43	
5	Paula JUAREZ	ESP	1:43:24	
6	Anne VAN ANDEL	NED	1:47:37	
7	Lucie BARRITAU	FRA	1:48:24	
8	Célia VIDALINC	FRA	1:54:32	
9	Jacqueline BENSON	GBR	1:59:47	
10	Melanie PEDDLE	GBR	2:00:11	PB
11	Myriam BEGEL	FRA	2:01:52	
12	Lucie BIZARD	FRA	2:05:19	
13	Christine CHOCHOY	FRA	2:08:56	
	Adele DUCLOS	FRA	DNF	
	Erika KELLY	GBR	DNF	
	Dorothee DELAUNAY	FRA	DNF	

## Rest in Peace

The Race Walking Association is saddened to report the passing of the following:

- John Howley (Derbyshire & South Yorkshire Harriers)  
John was past Honorary Championship Secretary of the RWA from 1997 until 2005.

An obituary can be viewed on the South Yorkshire CAA website at

[John Howley – South Yorkshire County Athletics Association \(sycyca.org.uk\)](http://www.sycyca.org.uk)



# National

## English Schools Championships, Bedford (Sat. 17<sup>th</sup> Sept.)

Wins for Christian Hopper (Sen. Boys), Mia Dunwell (Sen. Girls), Natasha Mitchell (Inter Girls) & Ellis Simmonds (Inter Boys). Both junior boys were disqualified and there were no junior girls entered.

It was disappointing that there were no entries from the Midlands and only two from the North including the Isle of Man but pleasing to see athletes from Oxfordshire and Somerset entering a good number.

### Inter Girls & Junior Boys 3000m

Pos	Athlete	AG	County	Perf.
1	Natasha Mitchell	U17W	Hampshire Schools	17:17.36
2	Jessica Wilton	U17W	Kent Schools	17:38.46 [PB]
3	Lola-Mae Billingham	U17W	Hampshire Schools	18:21.56
4	Lucy Engwell	U17W	Oxfordshire Schools	20:07.57 [PB]
5	Josie Reddell	U17W	Oxfordshire Schools	23:29.94 [PB]
	Lewis Burr	U15B	Kent Schools	DQ TR 54.7.5
	Seth Hamilton	U15B	Somerset Schools	DQ TR 54.7.5

### Inter Boys, Senior Girls & Senior Boys 5000m

Pos	Athlete	AG	County	Perf.
1	Christian Hopper	U20M	Kent Schools	25:26.09 [PZ]
2	Ellis Simmonds	U17M	South Yorkshire Schools	27:08.06
3	Mia Dunwell	U20W	Isle of Man Schools	27:39.95
4	Jonathan Ellerton	U17M	Kent Schools	27:42.73 [PB]
5	Abigail Smith	U20W	Kent Schools	27:47.28 [PB]
6	Abby Hughes	U20W	Somerset Schools	28:00.98 [PZ]
7	Katie Stringer	U20W	Kent Schools	28:21.17
8	Lois Carty	U20W	Hampshire Schools	28:49.67 [SB]
9	Aidan Crispin	U17M	Somerset Schools	31:04.05 [PB]
10	Aidan Grandfield	U17M	Somerset Schools	37:24.13 [PB]
	Cameron Howe	U17M	Somerset Schools	DQ TR 54.7.5

## Domestic 'A' Races

### Manx 20km Championships, National Sports Centre, Douglas (Sat. 3<sup>rd</sup> Sept.)

Congratulations to this year's champions Neil Wade (in his first 20km walk) and Marie Jackson in an age group record, *writes Bridget Kaneen*. Also, some great walking in the junior support distances.

#### Mixed 20km

Pos	Athlete	AG	Club	Perf.
1	Neil Wade	SENM	Manx Harriers	1:55:25 [PB]
2	Marie Jackson	W60	Manx Harriers	2:06:25
3	Nicola Raven	W60	Manx Harriers	2:15:17
	Erika Kelly	SENW	Northern (IOM) A.C.	DNF
	Jayne Farquhar	W50	Manx Harriers	DNF

#### 10km

Pos	Athlete	AG	Club	Perf.
1	Mia Dunwell	U20W	Northern (IOM) A.C.	57:37

#### 2km

Pos	Athlete	AG	Club	Perf.
1	Tim Perry	U13B	Northern (IOM) A.C.	10:31
2	Amy Surgeon	U13G	Manx Harriers	13:06
3	Faith Teare	U13G	Manx Harriers	13:13

#### 1km

Pos	Athlete	AG	Club	Perf.
1	Lilee Fletcher-M	U11G	Manx Harriers	05:11
2	Jay Jay Fletcher-M	U11G	Manx Harriers	06:14



## Surrey Combined Events, Relays, Steeplechase & Walks Championships, Carshalton (Sat. 3<sup>rd</sup>/Sun. 4<sup>th</sup> Sept.)

### Mixed 3000m (4<sup>th</sup> Sept.)

Pos	Athlete	AG	Club	Perf.
1	Penelope Cummings	W45	Herne Hill Harriers	18:56.2 [SB]
2	Fiona Bishop	W60	Woking Athletic Club	20:31.1 [SB]
3	Ian Statter	M65	Surrey Walking Club	20:51.4 [SB]
4	Ron Penfold	M80	Steyning Athletic Club	21:01.3 [SB]
5	Katherine Smith	W55	Aldershot Farnham & D.	21:40.0 [SB]
6	Glen Keegan	M55	Herne Hill Harriers	22:17.2 [SB]
7	Sian Baum	W55	Herne Hill Harriers	22:37.0 [PB]
8	Christopher Flint	M75	Surrey Walking Club	22:47.4 [SB]
	Peter Hannell	M75	Surrey Walking Club	DQ TR54.7.1

### U13 2000m (4<sup>th</sup> Sept.)

Pos	Athlete	AG	Club	Perf.
1	Charlie Perry	U13B	Lewes Athletic Club	13:17.4 [SB]

### South Yorkshire League 7, Millhouses Park (Tue. 13<sup>th</sup> Sept.)

Postponed from the previous week due to a thunderstorm warning, *reports Brian Adams*, though the reality was a pleasant evening!

Three of the anticipated starters withdrew during the day, leaving just three starters.

The youngest, Meghan Walmsley, tackling the shortest distance, she was last to set off, finding herself in the lead by over two minutes. Ellis, having passed Tony was closing on her at the rate of a minute per 500m lap, but was still almost 40 seconds short at the finish.

Pos	Athlete	AG	Club	Watch/Actual
1	Meghan Walmsley	U11G	Westways Sch.	31:44/07:13 [1km]
2	Ellis Simmonds	U17M	2DASH	32:23/15:47 [3km]
3	Tony Bell	M55	Lancashire WC	33:35/33:25 [5km]

### Kent County U13 & Masters Championships, Erith (Sun. 18<sup>th</sup> Sept.)

The Kent County U13 Championships saw a good increase in participants from two in 2021 to six this year with all but one being eligible for the English Schools Championships in 2023.



### Mixed 2000m

Pos	Athlete	AG	Club	Perf.
1	Grazia Manzotti	W50	Tonbridge Athletic Club	10:35.32
2	Ava Chappell	U13G	Ashford Athletic Club	11:04.32 [PB]
3	Mark Ashby	M60	Cambridge Harriers	11:17.76
4	Ellin Wilson	U13G	Ashford Athletic Club	11:43.53 [PB]
5	Matthew Ellerton	M45	Blackheath & Bromley	12:13.31 [PB]
6	Erika Kushnir	U13G	Cambridge Harriers	13:11.11 [PB]
7	Trejan Checheku-B	U13B	Blackheath & Bromley	13:11.29 [PB]
8	Francesca Newman	U13G	Blackheath & Bromley	14:22.69
9	Matthew Tootell	U13B	Blackheath & Bromley	14:27.27
	Geraldine Legon	W50	Bexley Athletic Club	DQ TR54.7.1

**South Yorkshire League 8, Millhouses Park (Tue. 27<sup>th</sup> Sept.)**

In this final League race of the year only four walkers had done enough events to finish the league with a top three position, but only top two walkers started in any case.

Tony Bell was over halfway through his 5km distance when Ellis Simmons set off to cover 3km, for 1500m it looked as if Tony had sufficient lead to hold him off, but the closer they got to the end the more likely it seemed that Ellis would make the catch. This he did in the final 70-80m for a 12 second victory.

Ellis beat his target time by eight seconds to set a new PB of 15:26 and Tony missed his target by 14 seconds. This rang alarm bells, if we add the 8 & 14 seconds together, we find that the gap between them should have been 22 seconds. On investigation I found that I had been 10 seconds out on calculating Ellis's start time, sending him off 10 seconds late. This would not have changed the positions, but just given a larger gap at the finish.

Pos	Athlete	AG	Club	Watch/Actual
1	Ellis Simmons	U17M	2DASH	33:02/15:26 [3km]
2	Tony Bell	M55	Lancashire WC	33:14/33:14 [5km]

**Veterans AC 10,000m Track Championships inc. County Championships of Sussex, Surrey, Middlesex & Hertfordshire Woodcote High School, Purley (Sat. 1<sup>st</sup> Oct.)**

The annual Veterans AC and County Championships took place in good racing conditions on a picture perfect October afternoon, with a modest breeze, *reports David Hoben*.

With eighteen entries, this was the highest number of entrants since 2011. In addition, there was an entry from a relatively new Blackheath & Bromley junior who had a shot at the mile distance. This train strike wiped out the Middlesex entries, and no doubt contributed to two regulars missing the race due to heavy traffic.

Dave Annetts had an excellent win. Similarly, Melanie Peddle added to her list of wins as the overall ladies' winner.

Ever present Penelope Cummings and Fiona Bishop received gold and silver medals for Surrey County respectively, while Glen obtained gold for Surrey in his first 10,000m on the track for some time.

VAC were pleased to welcome, Wai Tak Cheung from Stubbington Green Runners, who finished second place overall with a good time just one lap behind Annetts.

**Mixed 10,000m (A)**

Pos	Athlete	AG	Club	Perf.
1	David Annetts	M55	North Herts RR	49:12.9
2	Wai Tak Cheung	M45	Stubbington Green RR	50:23.6
3	Melanie Peddle	W50	Loughton Athletic Club	58:01.8
4	John Arthur	M60	Ilford Athletic Club	66:35.2 [SB]
5	Penelope Cummings	W45	Herne Hill Harriers	67:20.5 [SB]
6	Matthew Ellerton	M45	Blackheath & Bromley	68:55.5 [PB]
7	Fiona Bishop	W60	Woking Athletic Club	70:25.7 [SB]
8	Glen Keegan	M55	Herne Hill Harriers	80:16.2 [SB]
	Trevor Jones	M65	Steyning Athletic Club	DNF
	Ronald Penfold	M80	Steyning Athletic Club	DNF
	Shaheda Arthur	W60	Ilford Athletic Club	DNF
	Ian Richards	M70	Steyning Athletic Club	DQ

**Mixed 10,000m (B)**

Pos	Athlete	AG	Club	Perf.
1	Paul Gaston	M75	Surrey Walking Club	70:08.2
2	Katherine Smith	W55	Aldershot Farnham & D.	75:42.0

**1 Mile (B)**

Pos	Athlete	AG	Club	Perf.
1	Trejan Checheku-B	U13B	Blackheath & Bromley	11:18.9 [PB]

**Domestic 'B' Races****Lambert Trophy 10km, Simister (Sat. 3<sup>rd</sup> Sept.)**

Having just recovered from the Centurions 100, another 100 raised its head in the form of 10 walkers completing 10k, *writes Dave Evans*. The original event for this date was a track race at Bury but a refurbishment of the track meant us cancelling our 1-hour outing and replacing it with a road 10k on our regular course at Simister in the same borough. With a number of absentees, we were wary about having sufficient personnel to police the event, but long-time member Chris Bolton appeared, and we were A-OK to go ahead. Eric Horwill made the journey from the Midlands to secure our timekeeping team so the journey could begin, and competition set underway.

Tony Bell and Martin Payne, the latter some four weeks after walking 94 miles in the Centurions 24-hour enactment, set the pace followed quite closely by eight other aspirants, all bar one wearing the club colours. Glyn Jones was attired in those of Coventry Godiva. At halfway Tony and Martin clocked a steady 34:20, neither wanting to throw a glove on the floor and go for broke. In the next two minutes or so most of the rest of the field approached the 5k point, all looking fresh and no doubt considering their next move.

Being an out-and-back course offers all participants the chance to assess their tactics mid-race and as the second half unwound several tentative first-halfers chose to press the go button! As the weather was clement and a bit humid conditions were ideal. As the race neared its end Tony pulled away stretching his lead to seven seconds and great credit to Martin for producing a very decent time after his long walk four weeks earlier. Phil McCullagh picked up two places in the second half employing his usual second-half improvement but in places rather than times.

**Mixed 10km**

Pos	Athlete	AG	Club	Perf.
1	Tony Bell	M55	Lancashire Walking Club	66:45
2	Martin Payne		Lancashire Walking Club	66:52
3	Roy Gunnett	M75	Lancashire Walking Club	72:08
4	Sailash Shah	M55	Lancashire Walking Club	72:34
5	Glyn Jones	M80	Coventry Godiva Harriers	73:08
6	Phil McCullagh	M65	Lancashire Walking Club	74:07
7	Joe Hardy	M75	Lancashire Walking Club	74:23
8	Pat Evans	W70	Lancashire Walking Club	74:26
9	Ian Hilditch	M80	Lancashire Walking Club	74:26
10	Greg Smith	M70	Lancashire Walking Club	77:15

**Enfield Race Walking League – "Johnny Johnson" 5 Mile, Donkey Lane, Enfield (Sat. 17<sup>th</sup> Sept.)**

**Mixed 5 Mile**

Pos	Athlete	AG	Club	Perf.
1	George Wilkinson	U23M	Enfield & Haringey AC	37:45
2	David Annetts	M55	North Herts Road Runners	39:17
3	Melanie Peddle	W50	Loughton Athletic Club	46:35

4	Emma Dyos	W45	Ilford Athletic Club	48:23
5	David Walsh	M60	Enfield & Haringey AC	48:48
6	Colin Harle	M60	Belgrave Harriers	50:25
7	John Arthur	M60	Ilford Athletic Club	51:06
8	Simon Morgan	M50	Ilford Athletic Club	52:29
9	Helen Middleton	W60	Enfield & Haringey AC	52:36
10	Amalia De Silva	W55	Belgrave Harriers	55:18
11	David Kates	M70	Ilford Athletic Club	55:19
12	John Hall	M65	Belgrave Harriers	55:37
13	Leslie Morris	W55	Ilford Athletic Club	56:10
14	Noel Blatchford	W70	Abingdon Athletic Club	56:24
15	Diana Braverman	W70	Enfield & Haringey AC	61:57
16	Paul Frimage	M65	Ryston Runners AC	67:06

**4 Mile**

Pos	Athlete	AG	Club	Perf.
1	Shaheda Arthur	W60	Ilford Athletic Club	66:05

**4 Mile**

Pos	Athlete	AG	Club	Perf.
1	Sue Barnett	W70	Enfield & Haringey AC	33:23
2	David Ainsworth	M70	Ilford Athletic Club	55:19

**2 Mile**

Pos	Athlete	AG	Club	Perf.
1	Terry Braverman	M75	Enfield & Haringey AC	35:52



**Winners in the recent R.W.A 200 Club draw**

**£25.00                      £15.00                      £10.00**

**Oct. 22**      Peter Cassidy              John Gordon              Pauline Wilson

It is £12 per number per year, so if you wish to join, please contact Mark Easton ([rwatreasurer@yahoo.co.uk](mailto:rwatreasurer@yahoo.co.uk)) for further details.

**Ryan Cup Match (Police Sport UK v Civil Service)**

**Inc.10km/5km Championships, Cannon Hill Park (28<sup>th</sup> Sept.)**

The Annual Ryan Cup Match between Police Sport UK and the Civil Service once again was held on the established lap course in Cannon Hill Park, Birmingham, *reports Glyn Jones*. This fixture also included championships for both.

The weather was dry and mainly sunny but at times with a chilly breeze.

A reasonable turnout for this fixture in the circumstances saw 16 male walkers contest six laps of the perimeter tarmac path in the park with the female walkers contesting three laps.

Martin Slevin representing Dyfed Powys Police in the 10km, maintained his authority throughout from the start finishing first overall and claiming the PSUK title for the Metropolitan Cup. In second place came Steve Uttley who maintained that position after two laps. Steve thus gaining first Civil Service Individual honour. Steve was followed close behind in third place by Jonathan Moon of the Civil Service.

Only one team closed in from PSUK and this being the Metropolitan Police thus gaining first team awards. The Civil Service finished three teams with the third team of only two scoring.

The Civil Service retained the Ryan Cup with a winning score of 16pts to PSUK scoring 26pts.

Of the sixteen starters, Bill Kingston of the Civil Service fell over after completing three laps and whilst halfway round on his fourth lap he fell face down onto the tarmac path thus resulting in a nasty gash wound to his forehead and abrasions to both arms and legs. He was initially given first aid care in the West Midlands Police Sports Club and was later taken by a Civil Service Colleague to Bristol by car where he lives but was actually taken to A & E Hospital in Bristol where he was

treated and later discharged having been thoroughly checked over and the head wound treated.

The women’s 5km was dominated by the Civil Service with only one representing PSUK. Maureen Noel representing M.O.D. led from the start and maintained her position throughout. HMRC were the only team to close in.

**Men’s 10km**

Pos	Athlete	AG	Team	Perf.
1	Martin Slevin	M55	Dyfed Powys Police	57:56
2	Steve Uttley	M60	Ministry of Justice	61:46
3	Jonathan Moon	M45	H.M Revenue & Customs	61:59
4	Colin Harle	M60	Metropolitan Police	63:04
5	Stephen Shanks	M40	H.M Revenue & Customs	63:42
6	Jason Brewer	M50	H.M Revenue & Customs	64:19
7	Manuel Nicolaus	M40	DEFRA	65:33
8	Jason Holt	M50	H.M Revenue & Customs	65:35
9	John Llewellyn	M75	DEFRA	66:08
10	Stuart Bennett	M60	Metropolitan Police	67:40
11	Dan Maskell	M70	Sussex Police	69:55
12	Glyn Jones	M80	West Midlands Police	70:21
13	John Hall	M70	DEFRA	72:02
14	John Gordon	N/K	Guest	72:05
15	Christopher Flint	M75	Metropolitan Police	77:46
	Bill Kingston	M70	H.M Revenue & Customs	DNF

**Women’s 5km**

Pos	Athlete	AG	Team	Perf.
1	Maureen Noel	W55	Ministry of Defence	30:55
2	Michelle O’Neill-Hall	W55	H.M Revenue & Customs	33:14
3	Alexandra Majewska-Ani	W35	H.M Revenue & Customs	33:45
4	Jane Hodge	W60	H.M Revenue & Customs	34:39
5	Geraldine Legon	W60	Post Office	37:17
6	Ann Crofts	W60	Lancashire Police	44:45

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**2022 ERWL Next Fixture**

**The “Eastlea” 1 Hour Badge Race**

**Saturday 15<sup>th</sup> October starting at 11am**

**Queen Elizabeth Stadium, Enfield, EN1 3PL**

**Online entries only by 11<sup>th</sup> October at**

<https://erwl-entries.weebly.com>

**or Ron Wallwork 07460 041643**

**Sorry no entries on the day**

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**October**

Sat. 08 <sup>th</sup>	B	Albert Rigby Shield (Lancs W.C.)	Macclesfield
Sat. 08 <sup>th</sup>	B	Jack Fitzgerald Memorial Walks	POSTPONED
Sun. 09 <sup>th</sup>	B	Midland Winter League #1	Stourport
Sat. 15 <sup>th</sup>	B	The Eastlea 1 Hour Badge Race	Donkey Lane
Sun. 23 <sup>rd</sup>	B	Sarnia WC Track Handicap 3000m	Footes Lane
Sat. 29 <sup>th</sup>	B	Steyning Open Road Walks	Steyning

**November**

Sat. 05 <sup>th</sup>	B	Lancashire WC A.G.M. Races	Simister
Sat. 12 <sup>th</sup>	B	95 <sup>th</sup> Enfield Open 7 Mile	Donkey Lane
Sun. 13 <sup>th</sup>	B	Sarnia WC Track 1 Mile	Footes Lane
Sat. 19 <sup>th</sup>	A	Surrey Walking Club Open Track Races	Tonbridge
Sun. 20 <sup>th</sup>	B	Midland Winter League #2	Leicester
Sun. 27 <sup>th</sup>	B	Sarnia WC 5km Handicap Race	Amarreurs Road