



Race Walking Record

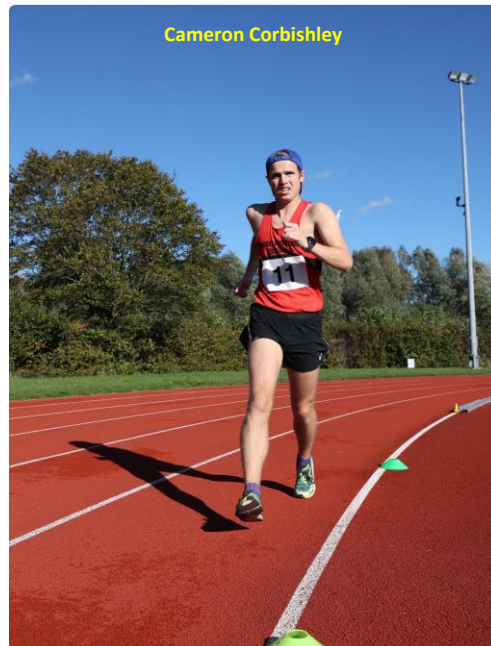
October 2023



Chris Snook



Abigail Jennings



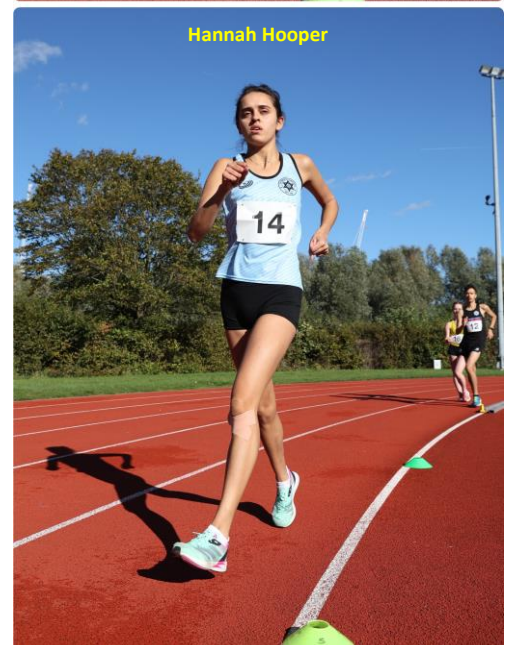
Cameron Corbishley



Pagen Spooner



Luc Legon



Hannah Hooper

Ray Hall Memorial Winter Track League, Eltham

Photograph(s) courtesy of Mark Easton (<http://markeaston.zenfolio.com>)



Surrey Walking Club

Presents

The Ray Hall Memorial Winter Track League #2/Surrey Walking Open Track Walks

(Incorporating the Southern Area Championships)

Saturday 18th November 2023

Tonbridge School Centre, London Road, TN10 3AD

Provisional Timetable

11:30am	1500m RW	U13 Boys & Girls
11:30am	2000m RW	U15 Boys & Girls
12:00pm	3000m RW	U17 Men & Women
12:00pm	5000m RW	U20 Men & Women
12:00pm	5000m RW	Senior Men & Women

(may be subject to change depending on entries)

Enter online at (entry fee = £10.00)

[Roster Athletics · Ray Hall Memorial Winter Track League #2/Surrey Walking Club Open Track Walks](#)

Entries close at 11pm on Wednesday 15th November 2023

There will be no entries taken on the day – The races will be judged as ‘A’ Races

For more information on the league contact Noel Carmody (noelcarmody@outlook.com)

For more information on the Surrey WC event contact Peter Selby (pwselby@hotmail.co.uk)

Other Events in the League

Dates	Venue	Post Code
Sun. 22 nd October 2023	Sutcliffe Park, Eltham	SE9 5LW
Sat. 9 th December 2023	Lewes Athletic Track	BN7 2XG
Sun. 28 th January 2024	Aldershot Military Stadium	GU11 2JL





UKA National 2024 Fixtures

UKA have published the fixture list for 2024 and listed below are the major events that normally include a race walk. This list will be updated in subsequent editions of the RWR as more information becomes available.

Date	Event	Venue
06/07 th Jan	England Athletics Indoor Walks (U15+)	E.I.S. Sheffield
10/11 th Feb	England Athletics Age Group Championships	E.I.S. Sheffield
17/18 th Feb	UK Athletics Indoor Championships	Birmingham (TBC)
17/18 th Feb	British Masters Indoor Championships	Lee Valley
9 th Mar	EA 10,000m Track Championships	Kettering (TBC)
16 th Mar	43rd Dudinska	Dudince (SVK)
6 th Apr	92nd Poděbrady Walking	Podebrady (CZE)
20 th Apr	RWA National 10km & YAG Championships	Leicester
4 th May	3rd Korzeniowski Warsaw Race Walking Cup	Warsaw (POL)
11 th May	Grande Prémio Internacional de Rio Maior	Rio Maior (POR)
11/12 th May	County Championship Weekend	Various
18 th May	Gran Premio Cantones de A Coruna	La Coruna (ESP)
15/16 th Jun	Welsh Senior/U15 Championships	Cardiff
29/30 th Jun	UK Athletics Outdoor Championships	T.B.C.
20 th Jul	SIAB Schools International	Carmarthen (TBC)
20/21 st Jul	England Athletics Senior/U20 Championships	T.B.C.
27/28 th Jul	England Athletics Age Group Championships	T.B.C.
17 th Aug	Welsh Under 20 International	T.B.C.
21 st Sept	English Schools Championships	T.B.C.

Rest in Peace

The Race Walking Association is saddened to report the passing of the following:

- Noel Blatchford (Abingdon Athletic Club) – Athlete & Official
([Click here for Abingdon Athletics Club - Obituary](#))



Winners in the recent R.W.A 200 Club draw

	£25.00	£15.00	£10.00
Oct. 23	Eric Horwill	Helen Elleker	Greg Smith
Nov. 23	Steve Taylor	Peter Cassidy	Greg Smith

It is £12 per number per year, so if you wish to join, please contact Mark Easton (rwatreasurer@yahoo.co.uk) for further details.



Overseas

Lusatian International Race Walking Meeting, Zittau (GER) (Sat. 28th Oct.)

Cameron Corbishley travelled to Zittau which is located in the far east of Germany and less than ten kilometres to the Czech Republic and Poland. In damp conditions, Cameron finished 11th in a good quality field clocking a time of 1:27:38.



Men's 20km

Pos	Athlete	Nation	Perf	Notes
1	Isaac Palma		MEX 1:21:18	
2	Maher Ben Hlima		POL 1:21:39	
3	Dominik Cerny		SVK 1:21:42	
4	Leo Kopp		GER 1:21:51	
5	Karl Junghannß		GER 1:22:09	
6	Miroslav Uradnik		SVK 1:22:21	
7	Nathaniel Seiler		GER 1:23:28	
8	Alexandros Papamichail		GRE 1:23:41	
9	Arnis Rumbenieks		LAT 1:25:53	
10	Raivo Saulgriezis		LAT 1:26:16	
11	Cameron Corbishley		GBR 1:27:38	SB
12	Tadas Suskevicius		LTU 1:28:07	
13	Michal Morvay		SVK 1:28:50	
14	Jhon Alexander Castaneda		COL 1:28:56	
15	Mohmed Ragab		EGY 1:30:40	

26 started

Domestic 'A' Races

Ilford Celebration Walks, Hylands Park (Sat. 14th Oct.)

In near perfect conditions (one short sharp shower) on an excellent course twenty walkers celebrated Ilford AC's Centenary year, *reports Ron Wallwork*.



The race was started by RWA President Chris Hobbs, and the awards presented by Olympian Roger Mills.

A healthy number of spectators among them some of Ilford's champions and club stalwarts of the past, like Steve Allen and his 96 year-young father Alex, all contributed to a nostalgic atmosphere.

The ladies dominated proceeding with the first three overall, led by Melanie Peddle fresh from her recent national age group record breaking performances and European Master's medals.

Newmarket youngsters Sophie Blundell and Lily-Ann Cooper both impressed with their techniques and their times; Sophie on debut and Lily-Ann in her second race, improving by almost a minute.

Mixed 10km

Pos	Athlete	AG	Club	Perf.
1	Melanie Peddle	W55	Loughton Athletic Club	58:12
2	Jacqueline Benson	SEW	Ashford Athletic Club	61:11
3	Penelope Cummings	W45	Herne Hill Harriers	61:31
4	Colin Harle	M65	Belgrave Harriers	61:52
5	Stuart Bennett	M65	Ilford Athletic Club	65:42
6	John Borgars	M75	Loughton Athletic Club	67:21
7	Fiona Bishop	W60	Woking Athletic Club	71:03
8	Lesley Morris	W60	Ilford Athletic Club	72:30

8km

Pos	Athlete	AG	Club	Perf.
1	Sian Baum	W55	Herne Hill Harriers	57:55

Mixed 6km

Pos	Athlete	AG	Club	Perf.
1	Tony Wilkinson	M60	Unattached	42:01
2	Stephen Cartwright	M60	Great Bentley RR	46:04
3	Shaheda Arthur	W60	Ilford Athletic Club	56:38

4.7km

Pos	Athlete	AG	Club	Perf.
1	Francisco Reis	M60	Surrey Walking Club	27:01

Under 13 2km

Pos	Athlete	AG	Club	Perf.
1	Sophie Blundell	U13G	Newmarket Joggers	14:06
2	Lily-Ann Cooper	U13G	Newmarket Joggers	14:13

B Judged Results: 10km: Simon Morgan (Ilford) 67:15; David Kates (Ilford AC) 67:42; 8km: David Hoben (SWC) 61:28; Jon May (Enfield) 64:30; Paul Frimage (Ryton RR) 66:47.

**Manx Harriers 1 Hour Challenge, National Sports Centre,
Douglas (Sun. 15th Oct.)**

Erika Kelly walked furthest in the hour with 12,320 metres reached in the hour. First novice was Lisa Dunwell with over 9,017 metres.

Mixed 1 Hour

Pos	Athlete	AG	Club	Perf. [10k]
1	Erika Kelly	SEW	Northern (IOM) AC	12.320m [48:41]
2	Neil Wade	SENM	Manx Harriers	11.563m [51:43]
3	Gianni Epifani	M50	Manx Harriers	11.044m [54:22]
4	Stuart Osbourne	M35	Unattached	10.554m [56:58]
5	Chris Addy	M35	Unattached	10.249m [58:40]
6	Lorne Gleave	W35	Manx Harriers	10.048m [59:50]
7	Marie Jackson	W60	Manx Harriers	9.746m
8	Jayne Farquhar	W50	Manx Harriers	9.381m
9	Lisa Dunwell	W50	Northern (IOM) AC	9.017m
10	Phill Swales	M55	Northern (IOM) AC	8.999m
11	Rachael Greyham	W40	Unattached	8.978m
12	Alex Jones	SEW	Unattached	8.807m
13	Angie Robinson	W55	Manx Fell Runners	8.617m
14	Colin Moore	M60	Isle of Man Veterans	8.588m
15	Louise Hollings	W40	Manx Harriers	8.469m
16	Nick Wallinger	M50	Isle of Man Veterans	8.298m
17	Andrea Manning	SEW	Unattached	8.293m
18	Stephen Oates	M40	Northern (IOM) AC	7.774m
19	Sharon Counsell	W50	Isle of Man Veterans	7.600m
=20	Maura Kelly	W55	Northern (IOM) AC	7.499m
=20	Michelle Sherry	W50	Northern (IOM) AC	7.499m
22	Darcey Withington	U20W	Manx Fell Runners	7.110m

23	Carolanne Hanley	W35	Northern (IOM) AC	6.278m
24	Jacqui Dawson	W50	Unattached	6.231m

Junior 1 Mile

Pos	Athlete	AG	Club	Perf.
1	Fynn Gleave	U11B	Manx Harriers	11:00
2	Polly Davies	U13G	Manx Harriers	11:54

Junior Half Mile

Pos	Athlete	AG	Club	Perf.
1	Jack Davies	U11B	Unattached	6:04
2	Amelia Cain	U11G	Unattached	6:20
3	Myles Greyham	U11B	Unattached	?:??

**Ray Hall Memorial Winter Track League #1/Cambridge
Harriers Open Track Walks, Eltham (Sun. 22nd Oct.)**

The new Ray Hall Memorial Winter Track League had a successful launch in bright sunny conditions at the well-appointed Sutcliffe Park Sports Centre in Eltham hosted by Cambridge Harriers. The event attracted an entry of twenty-nine across the various age groups, with twenty-six starters, although numbers for the young age groups were low.

In the mixed under 15 2000m Ellin Wilson held of Trejan Checheku-Boamah, who recorded a PB, to take the win.

Chris Snook produced a personal best to take the men's 5000m win ahead of Cameron Corbishley who recorded a season's best as did Luc Legon who placed third. Abigail Jennings finished well clear of Pagen Spooner and Hannah Hopper who took second and third respectively in the senior women's race and Jess Wilton finished first U20 in a personal best.

**Under 13 1500m**

Pos	Athlete	AG	Club	Perf.
1	Luke Eperon	U13B	Blackheath & Bromley	10:49.32 [PB]

Under 15 2000m

Pos	Athlete	AG	Club	Perf.
1	Ellin Wilson	U15G	Ashford Athletic Club	10:59.81
2	Trejan Checheku-B	U15B	Blackheath & Bromley	11:03.91 [PB]
3	Millicent Steele	U15G	Ashford Athletic Club	13:17.92 [SB]
4	Grace Andrews	U15G	Aldershot Farnham & D.	14:21.47
5	Tafara Nyoni	U15G	Aldershot Farnham & D.	15:10.35

Mixed 5000m (Race 1)

Pos	Athlete	AG	Club	Perf.
1	Christopher Snook	SENM	Aldershot Farnham & D.	20:35.3 [PB]
2	Cameron Corbishley	SENM	Medway & Maidstone AC	20:53.1 [SB]
3	Luc Legon	SENM	Bexley Athletic Club	22:48.4 [SB]
4	Matthew Crane	U23M	Bexley Athletic Club	23:54.3 [SB]
5	Jonathan Hobbs	SENM	Ashford Athletic Club	24:12.0 [SB]
6	Abigail Jennings	SEW	Aldershot Farnham & D.	24:35.6
7	Pagan Spooner	U23W	Hyde Park Harriers	25:23.7
8	Hannah Hopper	U23W	Cambridge Harriers	25:37.6
9	Jessica Wilton	U20W	Ashford Athletic Club	26:26.0 [PB]
10	Grazia Manzotti	W50	Tonbridge Athletic Club	27:25.9 [SB]
	Jonathan Ellerton	U20M	Blackheath & Bromley	DNF

Mixed 5000m (Race 2)

Pos	Athlete	AG	Club	Perf.
1	Jacqueline Benson	SEW	Ashford Athletic Club	29:23.42 [SB]
2	Erika Pontarollo	SEW	Hyde Park Harriers	29:35.14 [SB]
3	Colin Harle	M65	Belgrave Harriers	30:14.24 [PB]
4	Mark Culshaw	M55	Cambridge Harriers	31:31.77 [SB]
5	Mark Ashby	M60	Cambridge Harriers	34:01.78 [SB]

6	Susan Davies	W55	Aldershot Farnham & D.	35:51.07 [SB]
	David Walsh	M60	Enfield & Haringey AC	DQ TR54.7.1
	Maureen Noel	W60	Belgrave Harriers	DQ TR54.7.1
	Matthew Ellerton	M50	Blackheath & Bromley	DQ TR54.7.1

Manx Harriers Up and Running Sponsored Walks, National Sports Centre, Douglas (Sun. 29th Oct.)

Mixed 5km

Pos	Athlete	AG	Club	Perf.
1	Erika Kelly	SENW	Northern (IOM) AC	23:11 [PB]
2	Chris Addy	M35	Manx Fell Runners	28:26 [PB]
3	Sean Hands	M60	Manx Harriers	28:35 [PB]
4	Lorna Gleave	W35	Unattached	29:37
5	Marie Jackson	W60	Manx Harriers	30:18 [SB]
6	Jayne Farquhar	W50	Manx Harriers	31:36
7	Rachael Greham	W40	Unattached	32:29
8	Nicola Raven	W60	Manx Harriers	32:47
9	Alex Jones	SENW	Unattached	33:30
10	Jordan Cain	SENM	Manx Fell Runners	33:36
11	Rachel Liver	SENW	Unattached	34:03
12	Colin Moore	M60	Isle of Man Veterans	34:12 [SB]
13	May Hooper	W55	Unattached	34:26
14	Angie Robinson	W55	Manx Fell Runners	34:39 [SB]
15	Andy Baxendale	M50	Isle of Man Veterans	34:39 [SB]
16	Bryony Skora	SENW	Unattached	34:51
17	Ann Cain	W60	Western Athletic Club	35:22
18	Victoria Gore	W35	Unattached	35:53
19	Stephen Oates	M40	Northern (IOM) AC	36:08 [PB]
20	Maura Kelly	W55	Northern (IOM) AC	36:16 [SB]
21	Amanda Lawler	W40	Unattached	36:24
22	Nick Wallinger	M50	Isle of Man Veterans	36:27 [SB]
23	Diane Brown	W50	Unattached	37:55
24	Les Brown	M70	Unattached	38:05
25	Gordon Erskine	M80	Unattached	39:11
26	Adam Shepherd	SENM	Manx Harriers	41:39 [PB]

Junior 1km

Pos	Athlete	AG	Club	Perf.
1	Jack Davies	U13B	Manx Harriers	7:13
2	Amelia Cain	U11G	Unattached	7:44
3	Jenson Gore	U11B	Unattached	10:22
4	Imogen Gore	U11G	Unattached	11:16

Junior 2km

Pos	Athlete	AG	Club	Perf.
1	Polly Davies	U13G	Manx Harriers	15:08 [PB]

Junior 3km

Pos	Athlete	AG	Club	Perf.
1	Tim Perry	U15B	Northern (IOM) AC	16:53 [PB]
2	Amy Surgeon	U15G	Manx Harriers	21:17

Domestic 'B' Races

1st Midland Winter League Race, Stourport (Sun. 15th Oct.)

The 1st Midland Winter League Series got underway on the established cycle circuit within the grounds of Stourport Sports Club, *reports Glyn Jones*. The weather was dry and sunny but at times with a slight chilly breeze. Entry numbers on the start lines for all races were down compared to the previous year.

In the women's 5km, Carolyn Derbyshire led right from the start to the finish followed closely in second place throughout by her club colleague Wendy Kane who also doubled up to race in the 10km.

In the men's 10km Mark Williams took over the lead after two laps of 11 which he maintained to the finish. He was followed in second place after maintaining this position after three laps by newcomer to the league, Matt Henney of Bromsgrove & Redditch A.C.

With low entries only Birchfield Harriers were able to close in with a team for both distances.

Mixed 5km

Pos	Athlete	AG	Club	Perf.
1	Carolyn Derbyshire	W45	Nuneaton Harriers	29:37
2	Wendy Kane	W55	Nuneaton Harriers	30:00
3	Hardeep Minhas	M65	Leicester Walking Club	31:45
4	Julie Bellfield	W50	Halesowen Athletic Club	31:58
5	John Constandinou	M50	Birchfield Harriers	32:13
6	Lynn Bellfield	W55	Halesowen Athletic Club	34:45
7	Ian Torode	M65	Birchfield Harriers	36:00
8	Julian Barnett	M60	Birchfield Harriers	39:28
9	David Fall	M75	Birchfield Harriers	42:36
10	Ed Shillabeer	M80	Ilford Athletic Club	45:33

Under 13 Boys 2km

Pos	Athlete	AG	Club	Perf.
1	Harry Taylor	U13B	Dudley & Stourbridge	14:50

Mixed 10km

Pos	Athlete	AG	Club	Perf.
1	Mark Williams	M60	Birchfield Harriers	58:06
2	Matthew Henney	M50	Bromsgrove & Redditch	62:33
3	Peter Boszko	M70	Birchfield Harriers	63:54
4	Wendy Kane	W55	Nuneaton Harriers	64:53
5	Hardeep Minhas	M65	Leicester Walking Club	66:25
6	Colin Vesty	M55	Leicester Walking Club	71:43
7	Ian Torode	M65	Birchfield Harriers	75:08
8	Paul Hawkins	M65	Stratford-upon-Avon AC	75:33
9	Julian Barnett	M60	Birchfield Harriers	81:03
10	David Fall	M75	Birchfield Harriers	88:30
	Carolyn Derbyshire	W45	Nuneaton Harriers	DNF

Steyning Athletic Club Open 10km & 5km (Sat. 28th Oct.)

Due to heavy rain during the previous night part of the course was flooded, which meant hurriedly altering the course, *writes Ron Penfold*, remeasuring the part that could be used to a 1k lap instead of the usual 2.5K Lap. Not unexpectedly because of the weather forecasts, a few walkers that usually come down for this race decided not to travel, although those that did enjoyed the race conditions, warm, no wind and only a very brief shower halfway through the race.

Mixed 10km

Pos	Athlete	AG	Club	Perf.
1	Ian Richards	M75	Steyning Athletic Club	57:53
2	Trevor Jones	M65	Steyning Athletic Club	62:56
3	Brian Kirkdale	M65	Hastings Runners	69:23
4	Fiona Bishop	W60	Woking Athletic Club	71:16
5	Paul Gaston	M75	Surrey Walking Club	71:21
6	Judith Carder	W65	Brighton & Hove AC	78:35
7	Christopher Flint	M75	Surrey Walking Club	80:38

Mixed 5km

Pos	Athlete	AG	Club	Perf.
1	Joan Lennon	W65	Steyning Athletic Club	32:34



November

Sat. 4 th	B	Lancashire WC Open 5km	Simister
Sat 4 th	B	Jack Fitzgerald Memorial Walks	Tilgate
Sat. 11 th	A	Enfield Open 7 Mile	Donkey Lane
Sun 12 th	B	Sarnia WC Bob Wright #3	Footes Lane
Sat 18 th	A	Ray Hall Memorial Track League #2	Tonbridge
Sun 19 th	B	Midland Winter League	Leicester

December

Sat 2 nd	B	Dick Maxwell Memorial 10km	Simister
Sat 2 nd	A	Enfield League	Donkey Lane
Sat 9 th	A	Ray Hall Memorial Track League #3	Lewes
Sun 10 th	B	Sarnia WC Hill Climb	Val des Terres
Sat 16 th	B	Steyning Open Track Races	Horsham
Sun 17 th	A	Dublin GP of Race Walking	Dublin